



FAMILY CHURCH WORSHIP PLAN

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.

OIKOS EVANGELISM LIST

“... Pray, but ask God to open a door for us to preach, that we may tell the mystery of Christ...” [Colossians 4:3]

	NAME	RELATIONSHIP	METHOD OF CONDUCTION	SPIRITUAL LEVEL	NOTE
1					
2					
3					
4					

Level 1) able to commit Level 2) open to the Gospel Level 3) open to Evangelists
Level 4) knows about Christianity but is negative Level 5) don't know anything about Christianity

PRAYER FOR HOUSE CHURCH

“...If two of you agree about anything, it will be done for them by my Father in heaven” [Matthew 18:19]

	NAME	PRAYER REQUEST
1		
2		
3		
4		
5		
6		

PRAYER FOR THE CHURCH

- For Pastor, Paul Gihong Han's ministry, health, and family
- For missionaries' GMI ministry, health, and families
- For church and ministries/events
 - The 4th Thousand days Special Early Morning Prayer Meeting (1/22/2024~10/17/2026)
 - Aaron and Hull Intercession Prayer Night & Shepherds' Revival (10/28, 8:00pm)
 - Hallelujah Night(10/31)



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Family church worship plan 2025. 10. 12

2nd Week of October: The Principle of Rest (Hebrews 4:9-11)

■ Welcome

Let us share the true joy and peace we have experienced recently. Also, share how God touched you through Grace Time this week.

■ Text: Hebrews 4:9-11

There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.

■ Introduction

One of the things modern people lack most is rest. The reasons we fail to properly enjoy rest may include workaholicism and an obsession with relaxation. Yet, as verse 11 states, the Bible commands the saints to rest.

[Words signifying rest in the Old Testament]

- Shabbat: to cease, to stop.
- Shabbat: Sabbath
- Nua: to rest, to take a break.
- Sh qat: (without war) to be at peace.

In the biblical sense, rest means ceasing work, enjoying stability and repose, and thus dwelling in peace without conflict or war. Hebrews chapters 3 and 4 speak about the essence of rest. They explain what the rest spoken of in Scripture is, how that rest can be obtained, what its archetype is, and what the rest in Joshua foreshadows.

■ **Observation Question: To truly enjoy rest, let us explore what the principle of rest is.**

Answer 1. The Archetype of Rest - The Rest of Creation

God's rest begins with the completion of creation. After finishing six days of creation, God rested on the seventh day (Shabbat). This signifies "perfection with nothing to add or take away." The first archetype of rest is precisely God's creative work and its completion.



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(Genesis 2:2-3) **“Thus the heavens and the earth were completed in all their vast array. By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. 3 And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.”**

This passage is the first mention of rest in the Bible. ‘Shabbath’ carries the meaning of ‘to cease.’ Why? Why did God cease His work and rest? He rested because everything He had made was “very good.”

(Genesis 1:31-2:1) **“God saw everything he had made, and it was very good. And there was evening, and there was morning—the sixth day. 2:1 Thus the heavens and the earth were completed in all their vast array.”**

[Jesus’ Perspective on Rest]

During His public ministry, Jesus deliberately worked on the Sabbath. Strict Jewish leaders confronted Him, asking why He violated the Sabbath regulations.

(John 5:17) **“Jesus answered them, ‘My Father is always at His work to this very day, and I too am working.’”**

Jesus’ rest is His fellowship with the Father. That is, when participating in God’s activity, rest and labor achieve harmony. Rest is not the absence of action but the rhythm of life in agreement with God’s will. God saw that it was not good for the sick to suffer from disease. Likewise, it was not good in Jesus’ sight. Therefore, Jesus worked to make it good in the Father’s sight. This is true rest.

✿ Application Question 1

1) Am I enjoying rest? If not, what is the reason?

Answer 2. The Type of Rest — Joshua and the Place of Rest

Joshua’s conquest of Canaan and Hebrews chapters 3 and 4 repeatedly speak of “entering into rest.” This reveals that “rest” is a word carrying the concept of a specific territory. It means that one must be in that designated place to enjoy rest.

(3) “We enter that rest.”

For the generation that left Egypt, rest meant entering Canaan through Joshua, conquering the land, and settling there. Only then could they enjoy nua (stability) and shaka (peace). For them, Canaan was the place of rest. Similarly, for us too, God has prepared a place of rest. Only by entering there can we finally obtain rest. This is the principle of rest Joshua demonstrates.

The place of rest God has created for each person may not necessarily be a physical location. It could be a specific ministry, organization, or calling. That is precisely where



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God has placed me. It is my destiny. True rest is granted when I am in that very “place of destiny” God has given me.

✿ Application Question 2

- 1) Where and when do I experience rest (stability and peace)? (Missionary returning to war-torn Lebanon, missionary remaining in Ukraine mission field despite war)
- 2) Where is my place of mission?

Answer 3. The Fulfillment of Rest - Eternal Rest

(ver. 10) **“For whoever has entered God’s rest has also rested from his own work, just as God did from His.”**

The rest of the saints refers to the state of agreeing with God’s word that declares, “It was good in His sight.” In other words, rest is agreeing that “If God says it is good, then I also see it as good.” When saints fail to enjoy rest, it is because they disagree with God’s word and perceive something as “not good,” so they keep working to make it look good, thus preventing themselves from resting.

The rest God gives comes from believing that everything God has done for me is perfect. Therefore, when I agree, saying “It is good,” regarding the parents, gender, appearance, spouse, etc., that God has granted me in my life, I can enjoy rest.

Moreover, believers have the promise of entering eternal rest. This eternal rest is fulfilled through Jesus Christ, and within His ministry, we will enjoy rest in God.

(Hebrews 4:1) **“Therefore, since the promise of entering His rest still stands, let us be careful that none of you be found to have fallen short of it.”**

✿ Application Question 3

1) It is said that modern people cannot enjoy rest for the following reasons. Which case applies to me?

- ① Not agreeing that what God saw as “very good” is sufficient, feeling something must be added
- ② Workaholic, productivity obsession (inability to rest due to guilt or anxiety)
- ③ Not being in one’s place of destiny but having strayed from it
- ④ Being unable to hear God’s voice due to spiritual noise

2) Let us pray together that we may experience true rest through the Word.